

RECOMMENDED VACCINES

FOR
ADULTS
LIVING
WITH HIV



ImmunizeBC

RECOMMENDED VACCINES FOR ADULTS LIVING WITH HIV

To learn more, go to www.immunizebc.ca.

VACCINES	Recommended: FREE	Recommended: For Purchase	Available For Purchase
CHICKENPOX Live vaccine	Determined by your doctor or HIV specialist		
HAEMOPHILUS INFLUENZA TYPE B	1 dose		
HEPATITIS A	3 dose series		
HEPATITIS B	3 or 4 higher dose series		
HUMAN PAPILOMAVIRUS (HPV 9)	3 dose series ≤ 26 years of age	3 dose series Women ≤ 45 years of age Men ≥ 27 years of age who have sex with men	3 dose series Women ≥ 46 years of age Men ≥ 27 years of age
MENINGOCOCCAL VACCINES		Men-C-ACYW	4CMenB
INACTIVATED INFLUENZA	1 dose every year		
MEASLES, MUMPS RUBELLA Live vaccine	Determined by your doctor or HIV specialist		
PNEUMOCOCCAL CONJUGATE-13	1 dose		
PNEUMOCOCCAL POLYSACCHARIDE-23	1 dose Repeat 5 years later		
TETANUS, DIPHTHERIA, PERTUSSIS (Td, Tdap)	Td every 10 years	Tdap once as an adult	
SHINGLES: Non-live recombinant	Determined by your doctor or HIV specialist		
TRAVEL VACCINES:	Varies by destination. Available for purchase from travel health clinics, most pharmacies, and some doctors' offices. Go to www.immunizeBC.ca/travellers .		

COMMON QUESTIONS ABOUT VACCINES



Q: My viral load is undetectable. Do I need vaccines?

Yes. Even with effective HIV treatment, people living with HIV are still at a higher risk of catching many diseases vaccines prevent. Vaccines are one of the safest and most effective ways to prevent disease.

Q: Is it important for me to get vaccinated?

Yes. It is important for you to get all your recommended vaccines. If we stop vaccinating, these diseases will come back. Until these diseases are eliminated, we need to keep vaccinating against them to protect ourselves and others.

Q: Do vaccines work?

Yes. Vaccines work and protect you from diseases without the risk of getting sick. They are made using a killed or weakened version of antigens (the disease-causing germ or parts of the germ). For some vaccines, genetic engineering is used to make the antigens. It's much safer to get a vaccine than to get the disease it prevents.

Q: Is there a difference between a live and non-live vaccine?

Yes. Live vaccines (chickenpox, MMR) are made from a weakened version of the disease-causing germ. For most people, live vaccines are safe but must be used with caution in people living with HIV.

Non-live vaccines (inactivated) are made from a killed version of the disease-causing germ and you may need multiple doses for stronger protection against the disease.

Q: Do I need the inactivated influenza vaccine every year?

Yes. Unlike other vaccines, a dose of the inactivated (non-live) influenza (flu) vaccine is needed annually. Every year there are different influenza viruses that people can catch. As a result, a new version of the vaccine is created to provide protection against the current influenza viruses.

Q: Can the inactivated influenza vaccine give me the flu?

No. The inactivated (non-live) influenza vaccine cannot give you the flu. Influenza vaccines are a safe and effective way to help people stay healthy, prevent illness, and save lives.

QUESTIONS?

Visit www.immunizeBC.ca

Call HealthLinkBC at 8-1-1

Speak to your health care provider

Contact your local health unit*

Book an immunization appointment today!



Health Unit Finder:

www.immunizebc.ca/finder

*Health units are called public health units, community health centres, or primary care homes in some areas of B.C.



Sign up to receive immunization appointment reminders via text message!

Two ways to sign up:

1. Text "sign up" to **604-757-0583**
2. Visit: www.immunizebc.ca/reminders



A free immunization tracking app. To learn more and download, visit www.canimmunize.ca.