

# Healthy Habits for Flu Season.

Everyone 6 months and older can get  
a FREE influenza (flu) vaccine.

Vaccination is especially important for:

Young  
Children



Pregnant  
People



Anyone  
65 and  
older



People with certain  
medical conditions  
and others at high  
risk of serious illness  
from influenza



For more information, visit  
[immunizebc.ca/flu](https://immunizebc.ca/flu)



BRITISH  
COLUMBIA