

What vaccines do adults need?

	Free for:	Recommended and available at cost:
Tetanus	Everyone, every 10 years	
Diphtheria	Everyone, every 10 years	
Pertussis		Everyone, once in adulthood
Influenza	People over 65 or with a chronic medical condition	Anyone who wants protection
Pneumococcal polysaccharide	People with chronic medical conditions, everyone over 65 years	
Hepatitis B	People with medical, occupational, or lifestyle risks	Anyone who wants protection
Hepatitis A	People with medical, occupational, or lifestyle risks	Anyone who wants protection
Meningococcal	People with medical, occupational, or lifestyle risks	
Measles	People who have not had the vaccine or disease	
Mumps	People who have not had the vaccine or disease	
Rubella (German measles)	People who have not had the vaccine or disease	
Varicella (Chickenpox)	People who have not had the vaccine or disease	
HPV	Grade 6 and grade 9 girls	Females 9-26 years
Zoster (Shingles)		Individuals 60 years and older
Travel vaccines		Varies by destination, consult your doctor, travel health clinic, or local public health unit or go to www.immunizebc.ca for more info
<ul style="list-style-type: none"> ▪ If you have a chronic illness that requires regular medical follow up or hospitalization within the last year, ask your doctor about other free vaccines or go to www.immunizebc.ca for more information. ▪ All of the vaccines listed are available in British Columbia. Most are available at no charge, but for some the cost of the vaccine and its administration is not covered by the public health programs. Speak to your public health nurse or doctor to get more information. 		